

Middle of Everywhere Directions

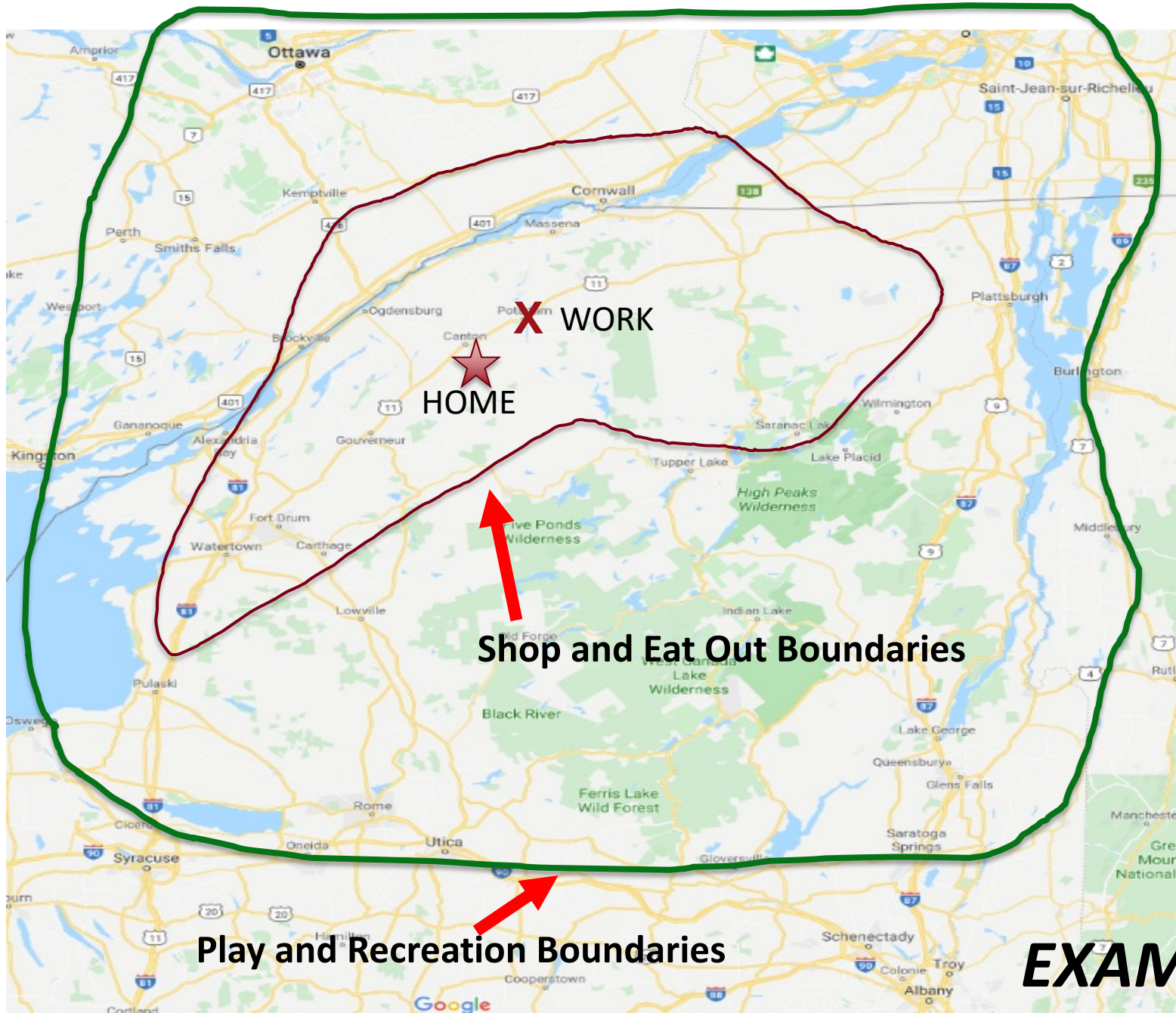
1. Put a ★ where you live
2. Put a X where you work and another where your spouse/partner works.

Draw boundaries around how far you go (N, S, E, W) to:

3. Shop / eat out
4. Play / recreate

On the paper before you:

List 3-5 of your favorite assets in the region. These should be ***names of places, events***, etc. – not nebulous things like the school, or hardworking people.



Play and Recreation Boundaries

Shop and Eat Out Boundaries

HOME

WORK

EXAMPLE